

VOLUNTEER FOOD \$ENSE YOUTH NUTRITION EDUCATOR
WSU Extension/Skagit County
9/05/08

Purpose:

The goal of the Food \$ense program is to improve the nutritional value of low-income participant's diets through nutrition and wellness education. Food \$ense serves food stamp eligible individuals living in Skagit County and schools that have 50% or more children eligible for free or reduced lunches.

Line of Responsibility:

Joanne Austin, Family and Consumer Sciences Extension Faculty provides leadership for the Food \$ense Program. Coordination and training for volunteer Youth Nutrition Educators is provided by Trish Stinnett, Food \$ense Youth Coordinator.

Office Location:

WSU Skagit County Extension, 11768 Westar Lane, Ste. A, Burlington, WA 98233

Responsibilities:

May include any or all of the following:

- Assist the Food \$ense Nutrition Educators with classes at qualifying schools and agencies.
- Set up and clean up the classroom work area.
- Copy hand-outs and prepare food samples and materials for classroom use.
- Assure that materials are organized and ready to use for the next session.
- Model appropriate nutrition practices and healthy behaviors while in the classroom.
- Complete monthly volunteer activity reports.
- Become knowledgeable about and promote the Food \$ense program, as well as the entire Extension program.

Training:

On-the-job training will be provided by the Food \$ense Nutrition Educators. In addition on-going educational programs will be provided to enhance nutrition, food safety, and teaching/facilitating knowledge and skills. A WA Food Worker's Card is required – training and testing is provided to volunteers in this program.

Qualifications:

- Interest in working with elementary school students.
- Ability to communicate effectively with others.
- Maintain a neat, clean professional appearance.
- Ability to work with culturally and economically diverse populations.

To Apply:

Complete an application ([http://skagit.wsu.edu/FAM/Food\\$enseYouth.htm](http://skagit.wsu.edu/FAM/Food$enseYouth.htm)) and submit it to trishs@co.skagit.wa.us or call Trish Stinnett at 360-428-4270 ext. 236.

Cooperating agencies: Washington State University, USDA, and Skagit County. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.