

Family & Consumer Sciences

Number	Title	Cost	Recom- mended	Member Pub.	Leader Pub.	In Pub. Book (Current)	We Have It	Online
Food Preservation, Foods of the Pacific NW, Native Foods								
EM4920	Getting Started in Food Preservation	\$2.00		X		X	X	X
C0781	Food Preservation Record	\$1.50		X		X		X
EM4921	Getting Started in Food Preservation, Leader Guide	\$5.00			X	X	X	X
C0803	4-H Canned Foods Exhibit Labels	\$1.00			X	X	in other section	X
C0804	4-H Dried Foods Exhibit Labels	\$1.00			X	X	in other section	X
C0946	Judging Preserved Foods	\$1.00			X	X	X	X
EB1195	Freezing Meat, Fish, and Poultry	\$1.00			X	X		
EB1665	Let's Preserve Jellies, Jams, and Spreads	\$1.00			X	X	X	X
PNW0172	Canning Vegetables	\$1.00			X	X	X	
PNW0194	Canning Seafood	\$1.50			X	X	X	X
PNW0199	Canning Fruits	\$1.00			X	X	X	
PNW0214	Freezing Fruits and Vegetables	\$1.00			X	X	X	X
PNW0296	Freezing Prepared Foods	\$2.00			X	X		X
PNW0300	Canning Tomatoes and Tomato Products	\$1.00			X	X	X	
PNW0355	Pickling Vegetables	\$1.50			X	X	X	X
PNW0361	Canning Meat, Poultry, and Game	\$1.00			X	X	X	
PNW0395	Salsa Recipes for Canning	\$1.00			X	X	X	
PNW0395S	Recetas para El Envasado de Salsas	\$1.00			X	X		
PNW0397	Drying Fruits and Vegetables	\$2.50			X	X	X	X
PNW0421	Using and Caring for Your Pressure Canner	\$1.50			X	X	X	
C0057	Food Thermometer Poster				X		X	
4-H 95	Foods for the Future			X			X	
4-H 263	Foods for the Future 2			X			X	
4-H 264	Foods for the Future 3			X			X	
4-H 265	Foods for the Future 4			X			X	
	Beginning Food Preservation: Freezing and Drying Foods for the Future				X		X	
C0771	Foods of the PNW Food and Nutrition Record	\$1.00		X		X		
PNW0333	Foods of the PNW Project 1, Member Manual			X			X	
PNW0334	Foods of the PNW Project 1, Leader Guide				X		X	
PNW0335	Foods of the PNW, Project 2, Member Manual	\$4.00		X		X	X	

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PNW0337	Foods of the PNW, Unit 3, Member Manual	\$2.50		X		X	X	
PNW0336	Foods of the PNW, Project 2, Leader Guide	\$1.25			X	X	X	
PNW0338	Foods of the PNW, Unit 3, Leader Guide	\$1.00			X	X	X	
EB1966	Native Foods: Linking the Past with the Present	\$3.00			X	X	X	X